



Mossley Hill Athletic Club

Sefton Park 5 Miler - 20 July 2005



Posn	No	Athlete	Club	M/F	Age Group	Time
1	251	P McGlory	Liverpool Harriers	M	SM	24.35
2	252	M Keeley	Liverpool Harriers	M	SM	25.44
3	157	P Green	Liverpool Harriers	M	SM	26.06
4	246	C West	Buckley Runners	M	SM	26.21
5	220	J Parkinson	Liverpool Harriers	M	O/40	26.31
6	62	C Potts	Liverpool Running Club	M	SM	27.25
7	244	T Beatyman	Hallamshire	M	SM	27.52
8	361	I Magill	Liverpool Running Club	M	SM	27.54
9	237	M McDevitt	Wirral AC	M	O/50	28.04
10	383	D Hamilton	Southport Waterloo AC	M	SM	28.19
11	95	N Grant	Penny Lane Striders	M	O/40	28.19
12	194	S Crowe	Ellesmere Port	M	SM	28.19
13	352	G Jenkins	West Cheshire	M	O/45	28.41
14	186	C Parry	Unattached	M	SM	29.18
15	207	K Forster	Spectrum Striders	M	O/45	29.20
16	89	M Jekinson	Liverpool Harriers	M	SM	29.23
17	359	G Earlam	West Cheshire	M	O/45	29.24
18	261	D Edwards	Liverpool Running Club	M	O/40	29.25
19	1	Arthur Deane	Liverpool Harriers	M	O/50	29.26
20	362	M Ward	Spectrum Striders	M	O/50	29.30
21	342	P Harrison	Liverpool Harriers	M	SM	29.31
22	170	P Maher	Vale Royal AC	M	O/50	29.34
23	206	J Mason	Liverpool Pembroke Sefton	M	O/50	29.44
24	353	D Puret	Ellesmere Port	M	SM	29.45
25	192	S Birtles	Liverpool Harriers	M	SM	29.47
26	272	J Price	Liverpool Running Club	M	O/50	30.05
27	218	T McCarthy	Spectrum Striders	M	O/45	30.09
28	337	M Burns	Liverpool Running Club	M	SM	30.09
29	369	N Kerwin	Unattached	M	SM	30.14
30	235	R Frodsham	Unattached	M	O/50	30.20
31	189	R Heeney	Birkenhead AC	M	O40	30.27
32	262	A Chestnutt	Unattached	M	SM	30.30
33	364	A Barbes	Mossley H	M	SM	30.32
34	241	T Landry	Mersey Tri	M	O/40	30.34
35	289	D Lovatt	Penny Lane Striders	M	O/45	30.41
36	162	E Parry	Wrexham	F	SL	30.48
37	217	I Harris	Spectrum Striders	M	SM	30.54
38	263	R Johnstone	Warrington RR	M	SM	30.56
39	240	I Palin	Liverpool Running Club	M	SM	30.57
40	239	S McNicholas	Penny Lane Striders	M	O/40	30.58
41	257	C Slavin	Liverpool Running Club	M	O/60	30.59
42	9	S Charnock	St Helens Sutton AC	F	SL	31.00
43	222	T Metcalfe	Mossley H	M	O/50	31.00
44	293	D Gibson	United Utilities Harriers	M	O/45	31.06
45	216	J Appleton	St Helens Sutton AC	M	O/50	31.19
46	267	E Gelshon	Mossley H	M	O/55	31.21
47	145	M Wynne	Unattached	M	SM	31.25
48	78	S Broadfoot	Northern Vets	M	O/40	31.30
49	347	G randfield	Penny Lane Striders	M	SM	31.40
50	298	N Kelly	Penny Lane Striders	M	SM	31.47



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Posn	No	Athlete	Club	M/F	Age Group	Time
51	132	S Brearey	Unattached	M	SM	31.48
52	70	A Wilson	Wallasey AC	M	O/40	31.50
53	234	B Timmins	Unattached	M	SM	31.51
54	356	A Smith	Helsby AC	M	O/40	31.52
55	233	I Thompson	Unattached	M	O/45	31.53
56	255	D Barr	Liverpool Harriers	M	SM	31.58
57	373	S Pemberton	Penny Lane Striders	M	O/50	31.58
58	133	R Harrison	Unattached	M	SM	32.00
59	74	S Cooper	Southport Waterloo AC	F	O/50	32.03
60	229	G Pierce	Liverpool Running Club	M	SM	32.08
61	196	F Murphy	Walmsley AC	M	O/50	32.10
62	282	C Gibbs	Wirral AC	M	O/40	32.16
63	46	A Wright	Unattached	M	SM	32.19
64	73	J Raftery	Wallasey AC	M	O/50	32.21
65	72	J McIlveen	Unattached	M	SM	32.25
66	344	S Ryabou	Vale Royal AC	M	O/50	32.37
67	377	P Ashby	Southport Waterloo AC	M	O/40	32.46
68	69	P Corry	Unattached	M	SM	32.49
69	256	S Leary	Vale Royal AC	M	SM	32.51
70	231	P McQuaid	Unattached	M	SM	32.53
71	226	D Cain	Penny Lane Striders	M	O/45	32.55
72	387	D Burrell	Unattached	M	O/40	32.57
73	40	J Clark	Unattached	M	SM	32.58
74	254	M Dodd	Ellesmere Port	M	SM	33.00
75	92	P O'Rourke	Liverpool Running Club	M	O/40	33.01
76	11	C Irizar	Southport Waterloo AC	M	O/40	33.02
77	268	S Singleton	Liverpool Harriers	F	O/35	33.05
78	271	A Cole	Liverpool Pembroke Sefton	M	O/45	33.08
79	224	G Jones	Unattached	M	O/40	33.11
80	381	N Hilton	Marconi	M	SM	33.12
81	375	Andrew Webster	Marconi	M	SM	33.13
82	150	J Pierce	Unattached	M	O/45	33.14
83	109	T Warn	United Utilities Harriers	M	O/55	33.15
84	204	H Hugel	Unattached	M	SM	33.22
85	84	S Cheetham	Liverpool Running Club	F	SL	33.22
86	142	D Gent	Northern Vets	M	O/60	33.27
87	243	S Cain	Penny Lane Striders	F	O/45	33.30
88	112	J Walshe	East Cork AC	M	O/50	33.32
89	355	J Danniels	Helsby AC	M	O/50	33.34
90	258	I McNeill	Penny Lane Striders	M	O/45	33.39
91	213	P Fgillard	Helsby AC	M	O/40	33.42
92	22	D Capener	Unattached	M	O/45	33.45
93	129	D Quinn	Liverpool Harriers	M	SM	33.47
94	227	A Walton	Unattached	M	O/40	33.54
95	190	J Smith	Unattached	M	O/45	33.55
96	277	M Balmer	Penny Lane Striders	M	O/40	34.00
97	118	P Hampshire	Pensby	M	SM	34.00
98	360	M Tarpey	Liverpool Running Club	M	SM	34.09
99	211	S Capponi	Penny Lane Striders	M	SM	34.10
100	125	E Taylor	Unattached	M	O/45	34.15



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Posn	No	Athlete	Club	M/F	Age Group	Time
101	123	A Holgate	Barrow & Furness	M	SM	34.20
102	299	M Devereux	Penny Lane Striders	M	0/55	34.23
103	128	P Mannigan	Marconi	M	0/45	34.27
104	52	N Makwana	Unattached	M	SM	32.32
105	275	O Burns	Unattached	M	SM	34.33
106	116	J Dawson	Warrington RR	M	0/40	34.34
107	291	S Hill	Liverpool Running Club	M	SM	34.36
108	41	P Carpenter	Unattached	M	0/40	34.38
109	403	G Shaw	Helsby AC	M	0/50	34.41
110	195	M Breslin	Walmsley AC	M	0/45	34.51
111	328	J Eccleston	St Helens Sutton AC	F	SL	35.07
112	122	D Thompson	Spectrum Striders	M	0/45	35.12
113	358	T Kinnunen	Penny Lane Striders	F	0/35	35.16
114	96	B Cass	Unattached	Mq	0/45	35.17
115	366	C Cain	Liverpool Running Club	M	SM	35.18
116	152	M Doyle	Unattached	M	SM	35.20
117	219	M Lingard	Spectrum Striders	M	0/40	35.24
118	354	V Griffiths	Helsby AC	F	0/40	34.26
119	371	A Gray	Southport Waterloo AC	M	0/50	35.35
120	260	C Aindow	Southport Waterloo AC	M	SM	35.39
121	4	M Doyle	Liverpool Running Club	F	0/50	35.42
122	230	R Broster	Sale H	M	SM	35.43
123	279	D Bourne	United Utilities Harriers	M	0/45	35.48
124	101	N Thomas	Birkenhead AC	M	SM	35.52
125	212	J Coffey	Altrincham	M	0/55	35.57
126	71	P Brown	Unattached	M	SM	36.05
127	147	R Arnhold	Unattached	M	SM	36.07
128	331	B poole	Liverpool Running Club	M	0/50	36.09
129	110	J Vis	Southport Waterloo AC	M	0/40	36.13
130	296	I Russell	Unattached	M	0/40	36.16
131	148	A Sprung	Unattached	F	SL	36.19
132	388	Z Cliffe	Unattached	M	SM	36.26
133	30	N Sanderson	Unattached	M	SM	36.29
134	151	J Hughes	Unattached	M	SM	36.30
135	138	J Furmedge	Northern Vets	M	0/55	36.30
136	290	G Williams	Mossley H	F	0/50	36.33
137	98	S Cass	Unattached	F	SL	36.39
138	214	S Coldbeck	Unattached	M	SM	36.45
139	165	S Riley	Unattached	M	0/45	36.46
140	214	S Coldbeck	Unattached	M	SM	36.47
141	374	A Webster	Marconi	M	0/40	36.48
142	288	T Rawlinson	Liverpool Running Club	M	SM	36.49
143	163	G Collen	Warrington RR	F	SL	36.50
144	43	A Poole	Unattached	M	0/45	36.52
145	187	G Care	Unattached	M	0/50	36.56
146	367	T Donnelly	Unattached	M	0/40	36.56
147	391	S May	Unattached	M	SM	36.58
148	149	P Doyle	Unattached	M	0/40	36.59
149	225	N maher	Unattached	M	SM	36.59
150	245	J Maher	Unattached	M	SM	37.00



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Posn	No	Athlete	Club	M/F	Age Group	Time
151	198	I Diditch	Helsby AC	M	O/60	37.03
152	65	J Vidamour	Unattached	M	SM	37.04
153	327	N Woods	Unattached	M	SM	37.05
154	351	N Mitchell	Unattached	M	O/40	37.13
155	87	W Elson	Unattached	M	O/55	37.16
156	266	B Lappin	Penny Lane Striders	M	SM	37.16
157	156	S Ward	Unattached	M	O/40	37.19
158	24	A Rae	Unattached	M	SM	37.21
159	51	S Rackstraw	Liverpool University	M	SM	37.23
160	184	D Redpath	Spectrum Striders	M	O/55	37.24
161	131	Pleavesley	Unattached	M	O/45	37.24
162	169	J Dyer	Penny Lane Striders	F	O/35	37.25
163	113	C Cutner	Southport Waterloo AC	F	O/50	37.25
164	136	D Lynan	Unattached	M	SM	37.35
165	376	C Gillespie	Liverpool Running Club	M	O/40	37.35
166	100	L Gavan	Unattached	F	SL	37.37
167	341	N Jenkinson	Unattached	M	SM	37.44
168	19	A Bennett	Unattached	M	O/45	37.44
169	153	G Thornton	Unattached	M	SM	37.46
170	228	M Kelly	Penny Lane Striders	F	O/45	37.46
171	120	R Hardwick	Penny Lane Striders	M	SM	37.55
172	119	J Hallows	Penny Lane Striders	F	SL	37.56
173	223	N Taylor	United Utilities Harriers	M	O/40	37.57
174	42	S Taylor	Unattached	M	O/45	37.58
175	294	M Vincent	Penny Lane Striders	M	SM	38.02
176	276	E Davies	Unattached	F	SL	38.02
177	202	A Meadowcroft	Southport Waterloo AC	F	Jun	38.14
178	139	C Nevin	Penny Lane Striders	F	O/45	38.17
179	380	R Hilton	Marconi	M	O/40	38.17
180	363	B Grice	Southport Waterloo AC	M	O/60	38.21
181	177	S Kenyon	Unattached	M	SM	38.21
182	340	P Noden	Liverpool Running Club	F	O/40	38.25
183	34	A Redpath	Unattached	M	SM	38.26
184	126	N Mackarel	Unattached	M	SM	38.31
185	264	M Page	Unattached	M	SM	38.33
186	185	J Redpath	Spectrum Striders	F	O/50	38.37
187	53	P Lock	Unattached	M	O/45	38.43
188	143	M Henderson	Littlewoods	M	O/40	38.44
189	85	C Dempsey	St Helens Sutton AC	F	O/40	38.46
190	253	K benson	Penny Lane Striders	F	SL	38.53
191	249	P Zillesen	Unattached	M	O/50	38.54
192	250	G Evans	Unattached	M	O/40	38.54
193	2	Harry Greenwood	Picton	M	O/55	38.56
194	158	S Charman	Helsby AC	F	O/55	39.03
195	191	F Wilson	Marconi	M	O/70	39.04
196	50	J Holleran	Unattached	M	O/50	39.05
197	336	G Nolan	Unattached	M	O/45	39.05
198	44	J Hobson	Vegetarian AC	M	O/45	39.06
199	57	M Whiteside	Unattached	M	O/45	39.07
200	90	A Appleton	Unattached	M	O/45	39.09



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Posn	No	Athlete	Club	M/F	Age Group	Time
201	171	R Hughes	Southport Waterloo AC	M	0/50	39.13
202	273	Z Gillibrand	Unattached	M	SM	39.23
203	326	R Wardle	Unattached	M	0/40	39.24
204	284	P Griffiths	Unattached	M	SM	39.27
205	215	J Biesty	Unattached	F	SL	39.28
206	141	A Lysons	Warrington RR	F	0/40	39.28
207	140	D Hall	Unattached	M	SM	39.30
208	350	D Downey	Unattached	M	SM	39.41
209	37	G Oakes	Unattached	F	0/50	39.42
210	208	M Rimmer	Unattached	M	SM	39.46
211	91	T Bailey	Ford H	M	0/55	39.47
212	402	B Murphy	Unattached	M	0/55	39.48
213	63	S Mack	Unattached	M	SM	39.52
214	104	T Duffy	Unattached	M	SM	39.55
215	121	C Wilkinson	Unattached	M	0/55	40.06
216	130	A Hargreaves	St Helens Sutton AC	M	0/50	40.07
217	108	D Long	Unattached	M	0/55	40.11
218	365	S Bonney	Southport Waterloo AC	M	0/55	40.12
219	333	M Robertson	Unattached	M	0/40	40.13
220	334	D Brown	Unattached	M	SM	40.14
221	287	N Long	Unattached	M	SM	40.15
222	343	R Patterson	Ford H	M	0/60	40.16
223	286	T Long	Penny Lane Striders	M	0/50	40.16
224	238	G Smith	Unattached	M	SM	40.17
225	209	E Grey	Unattached	F	SL	40.17
226	247	A Todd	Helsby AC	M	0/60	40.18
227	180	J Finnegan	Unattached	M	SM	40.18
228	14	D Oliver	Unattached	M	SM	40.20
229	103	M Delaney	Unattached	F	0/40	40.20
230	400	S Taylor	Warrington RR	F	SL	40.21
231	59	T Chan	Serpentines	F	0/40	40.29
232	67	A Eilbacher	Unattached	M	SM	40.36
233	179	T Kelly	Unattached	M	SM	40.37
234	23	G McIntosh	Unattached	M	0/45	40.40
251	47	S Fagan	Unattached	?	?	40.49
252	137	P Hogg	Village Road Runners	M	0/60	40.53
253	79	Z Turner	Unattached	F	SL	40.58
254	285	A Wyllie	Unattached	M	0/45	41.15
255	384	K Hughes	Unattached	M	SM	40.16
256	205	E Pendleton	Spectrum Striders	M	0/75	41.21
257	107	L essery	Unattached	F	0/35	41.23
258	242	J daley	Penny Lane Striders	M	0/65	41.35
259	280	B Hoare	Liverpool Running Club	F	SL	41.44
260	117	J Doyle	Unattached	M	0/40	41.51
261	382	I Griffiths	Unattached	M	SM	41.53
262	405	G Nevin	Hearts	F	SL	41.57
263	161	M Jones	Penny Lane Striders	F	SL	41.59
264	58	A Banks	Unattached	M	SM	42.05
265	330	P Rutherford	Unattached	M	0/40	42.05
266	330	P Rutherford	Unattached	M	0/40	42.05



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Posn	No	Athlete	Club	M/F	Age Group	Time
267	88	P Connolly	Unattached	M	SM	42.07
268	368	B Iappin	Penny Lane Striders	M	O/40	42.12
269	33	G Bleasdale	Unattached	F	SL	42.17
270	160	A Ibrahim	Unattached	M	SM	42.22
271	7	L Hill	Unattached	F	O/50	42.24
272	390	A Hughes	Unattached	M	SM	42.24
273	292	A Inman	Liverpool Running Club	F	O/35	42.25
274	15	C Graham	Unattached	M	SM	42.29
275	338	A Hewitt	Spectrum Striders	F	O/55	42.33
276	173	A Greenhalgh	Unattached	M	SM	42.40
277	166	L Riley	Unattached	F	SL	42.45
278	94	K O'Brien	Penny Lane Striders	M	O/60	42.58
279	357	A Godwion	Unattached	M	SM	43.01
280	210	C de Lartique	Unattached	M	SM	43.08
281	31	L Angylova	Unattached	F	SL	43.13
282	404	J Shaw	Helsby AC	F	O/50	43.21
283	10	E Williams	Northern Vets	F	O/45	43.30
284	99	T Roche	St Helens Sutton AC	M	O/45	43.31
285	329	J Cassapi	Unattached	M	O/40	43.36
286	168	P Fabrau	Unattached	M	O/40	43.40
287	144	J Gent	Northern Vets	F	O/60	43.41
288	68	M Usai	Unattached	M	SM	43.41
289	167	S Rasaratnam	Unattached	F	SL	43.45
290	102	W Delaney	Unattached	M	O/45	43.46
291	60	L Gebbett	Unattached	F	SL	43.49
292	248	R Huntbach	Helsby AC	M	O/50	43.57
293	203	S Marshall	Southport Waterloo AC	F	O/45	44.24
294	379	A Cross	Picton	M	O/45	44.32
295	221	H Brown	Penny Lane Striders	M	O/60	44.38
296	269	W Proto	Unattached	M	SM	44.38
297	134	A Bennett	Unattached	M	SM	44.39
298	182	S Mohan	Unattached	M	SM	44.40
299	48	T Graham	Penny Lane Striders	F	SL	44.44
300	270	K Barden	Unattached	F	SL	44.45
301	93	J McAloon	Liverpool Pembroke Sefton	M	O/70	44.52
302	64	A Green	Unattached	M	SM	45.16
303	378	P Daley	Liverpool Running Club	F	O/35	45.23
304	281	E Lucas	Unattached	F	O/35	45.25
305	127	A Alcock	Unattached	F	SL	45.28
306	61	A O'Leary	Unattached	M	O/45	45.33
307	111	D Gardner	Birkenhead AC	F	O/35	46.04
308	172	J Welsh	Birkenhead AC	M	O/50	46.04
309	297	S Croker	Warrington RR	M	O/50	46.10
310	346	S James	Unattached	F	SL	46.13
311	86	M Aspell	Unattached	M	O/40	46.27
312	339	L Hewitt	Spectrum Striders	M	O/50	46.41
313	154	L Thornton	Unattached	F	SL	46.43
314	274	C Steel	Liverpool Running Club	F	O/35	46.44
315	26	J O'Carroll	Picton	F	O/45	46.47
316	105	G Monaghan	Unattached	M	SM	47.04



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Posn	No	Athlete	Club	M/F	Age Group	Time
317	401	C Higham	Unattached	M	SM	47.04
318	199	S Minton	Unattached	M	0/40	47.17
319	200	A Haynes	Unattached	F	SL	47.17
320	135	A Bentley	Unattached	M	0/55	47.30
321	345	P Ridge	Picton	F	SL	47.30
322	259	T Prescott	St Helens Sutton AC	M	0/70	47.33
323	348	A Tanner	Unattached	F	SL	47.48
324	332	C Daintree	Penny Lane Striders	F	SL	47.57
325	201	N Marshall	Southport Waterloo AC	M	0/60	48.02
326	368	B Iappin	Penny Lane Striders	M	0/40	48.05
327	370	V Gray	Unattached	F	0/45	48.16
328	335	A Waddington	Unattached	F	SL	48.42
329	278	C Kadiri	Picton	F	0/45	48.46
330	83	L Earl	Mossley H	F	SL	49.10
331	325	L Aldridge	Liverpool Running Club	F	0/45	49.12
332	181	K Rockcliffe	Liverpool Running Club	F	0/40	49.22
333	389	J Coukter	Unattached	F	0/50	49.23
334	1585					49.27
335	385	K A Fitzgerald	Unattached	F	SL	49.29
336	295	J Balmer	Penny Lane Striders	F	0/40	50.26
337	115	M Sanderson	Village Road Runners	M	0/55	50.57
338	32	E McKenna	Unattached	F	SL	50.59
339	232	C Barnett	Unattached	F	0/45	51.30
340	236	P Cox	Unattached	F	0/55	51.43
341	75	S Conway	Liverpool Running Club	M	0/45	51.46
342	5	E Tubb	Unattached	F	0/50	52.26
343	159	E Southern	Wirral AC	F	0/55	52.32
344	25	L Etheridge	Unattached	F	0/40	53.26
345	174	K Green	Unattached	F	SL	53.26
346	175	A Monks	Unattached	F	SL	53.26
347	176	C Welsby	Unattached	F	SL	53.59
348	49	L Dixon	Unattached	F	0/35	55.03
349	197	T Ellis	Liverpool Running Club	F	0/50	55.03
350	283	M Feeney	Liverpool Running Club	F	0/50	55.25
351	12	M West	Unattached	M	0/60	55.28
352	27	M Banks	Hearts	F	0/35	55.29
353	13	J West	Unattached	F	0/50	55.34
354	178	C Tuhey	Unattached	M	0/50	55.46
355	3	J Fessey	Hearts	F	0/50	57.52
356	372	I Johnstone	Unattached	M	0/55	