



Mossley Hill Athletic Club

Sefton Park 5 Miler - 19 July 2006



Posn	No	Athlete	Club	M/F	Age Group	Time
1	174	Phil McGlory	Liverpool Harriers	M	22	24.45
2	227	John McCole	Liverpool Harriers	M	SM	25.45
3	146	Paul Freary	Belgrave Harriers	M	35	26.07
4	49	Colin Potts	Liverpool Running Club	M	SM	27.12
5	57	P Sankey	Liverpool Running Club	M	SM	27.25
6	160	Luke Reddy	Liverpool Harriers	M	SM	27.42
7	237	Mark Hulmston	Wirral AC	M	SM	27.58
8	181	Alan Ashton	Liverpool Harriers	M	34	28.01
9	163	Jenny Clague	Liverpool Harriers	F	SL	28.07
10	30	Barry Timmins	Liverpool Running Club	M	40	28.30
11	264	Ian Cooper	Ellesmere Port Running Club	M	40	28.41
12	58	T Lawlor	Roby Runners	M	40	28.47
13	268	Michael McDevitt	Wirral AC	M	50	28.58
14	2	R Kelly	Liverpool Running Club	M	SM	29.10
15	251	Nigel Grant	Penny Lane Striders	M	40	29.16
16	216	David Hamilton	Southport & Waterloo	M	SM	29.19
17	269	Morten Gammelsaeter	Wirral AC	M	35	29.52
18	29	Tony Landry	Liverpool Running Club	M	45	29.55
19	28	Bobby Frodsham	Liverpool Running Club	M	55	29.57
20	236	Robert Elstone	Barnsley AC	M	40	29.58
21	266	Roderick Johnstone	Warrington Road Runners	M	SM	29.59
22	176	David Edwards	Liverpool Running Club	M	40	30.04
23	140	Nicky Archer	Vale Royal AC	F	SL	30.11
24	252	Paul Harrison	Liverpool Harriers	M	SM	30.12
25	213	Peter Maher	Vale Royal AC	M	50	30.26
26	145	Keith Hatton	Liverpool Harriers	M	45	30.31
27	194	Kevin Carroll	Liverpool Pembroke Sefton	M	50	30.38
28	258	Paul Walsh	Unattached	M	SM	30.52
29	1	Arthur Deane	Liverpool Harriers	M	50	31.02
30	224	Ian Palin	Liverpool Running Club	M	SM	31.07
31	156	Francis Martin	Penny Lane Striders	M	45	31.15
32	118	Simon Birtles	Liverpool Harriers	M	40	31.19
33	289	Neil Chester	Liverpool Harriers	M	35	31.39
34	207	Richard Mitchell	Helsby	M	50	31.47
35	168	Mike Bigmore	Unattached	M	40	31.48
36	283	Gary Fisher	Unattached	M	23	31.56
37	99	M Jacques	Liverpool Running Club	M	SM	31.58
38	247	Richard Arden	Unattached	M	SM	32.01
39	205	Adair Broughton	Helsby	M	SM	32.03
40	186	Paul Cliff	Liverpool Running Club	M	35	32.15



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Posn	No	Athlete	Club	M/F	Age Group	Time
41	211	T Knight	Unattached	M	40	32.18
42	195	Sergey Kyabov	Vale Royal AC	M	50	32.28
43	170	Martin Hirrell	Penny Lane Striders	M	40	32.42
44	153	Mike Walker	Southport & Waterloo	M	55	32.58
45	23	S Broadfoot	Northern Vets	M	40	32.59
46	127	S Dean-Howard	Southport & Waterloo	F	SL	33.00
47	185	Joe Smith	Unattached	M	50	33.02
48	202	Tony Mann	Penny Lane Striders	M	35	33.08
49	234	Billy Hargreaves	Liverpool Harriers	M	55	33.13
50	214	Sue Cooper	Southport & Waterloo	F	50	33.18
51	241	Graham Randfield	Penny Lane Striders	M	SM	33.21
52	239	Alan Spinks	Unattached	M	35	33.26
53	246	Peter Johnson	St Helens Sutton	M	35	33.28
54	31	W Kirk	Unattached	M	45	33.33
55	166	Graham Lowe	Helsby	M	35	33.34
56	12	K Roberts	Helsby	F	35	33.41
57	197	Rob Stevenson	Unattached	M	SM	33.43
58	196	Jane Ashbrook	Helsby	F	SL	33.50
59	38	J Clark	Unattached	M	SM	33.54
60	177	Willie Richmond	Lytham St Annes	M	40	33.58
61	60	Mark Bleasdale	Liverpool Pembroke Sefton	M	45	34.04
62	137	George Pierce	Liverpool Running Club	M	35	34.07
63	272	Ian Kilshaw	Southport & Waterloo	M	45	34.10
64	143	Mal Balmer	Penny Lane Striders	M	40	34.11
65	138	David Cain	Penny Lane Striders	M	50	34.12
66	104	I Edge	Warrington Road Runners	M	40	34.13
67	217	Graham Jones	Unattached	M	40	34.14
68	93	S McCullough	Liverpool Running Club	M	45	34.32
69	139	Susan Cain	Penny Lane Striders	F	50	34.39
70	267	Steve Pemberton	Penny Lane Striders	M	50	34.50
71	282	S Darby	Spectrum Striders	M	45	34.54
72	91	P Rainford	Liverpool Running Club	M	40	34.58
73	19	G Shaw	Helsby	M	50	35.02
74	248	Trevor Bradshaw	Unattached	M	40	35.04
75	63	D Capener	Unattached	M	45	35.13
76	188	Malcolm Lingard	Spectrum Striders	M	40	35.22
77	75	N Pooke	Pensby Runners	F	SL	35.24
78	253	Anthony Grice	Liverpool University	M	21	35.31
79	55	T Warn	Utd. Utilities Harriers	M	55	35.32
80	180	Paul Hutchings	Liverpool Harriers	M	40	35.36



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Posn	No	Athlete	Club	M/F	Age Group	Time
81	175	Barry Chambers	Vale Royal AC	M	50	35.39
82	200	Andy Smith	Helsby	M	40	35.40
83	261	Neil Hilton	Roby Runners	M	18	35.45
84	187	Markus Dick	Unattached	M	45	35.54
85	178	Pamela Thurtle	Penny Lane Striders	F	30	35.57
86	136	Nathan Swanson	Liverpool Running Club	M	SM	35.59
87	169	Danny Fagan	Liverpool Running Club	M	40	36.01
88	249	Ian Russell	Unattached	M	40	36.05
89	263	Dave Thompson	Spectrum Striders	M	45	36.27
90	229	Keith Rens	Unattached	M	45	36.28
91	167	Holly Taylor	Helsby	F	SL	36.29
92	155	Michael Charman	Helsby	M	55	36.32
93	184	Paul Doyle	Unattached	M	40	36.34
94	189	Alan Gray	Southport & Waterloo	M	35	36.36
95	62	J Wrigglesworth	Warrington Road Runners	F	35	36.45
96	157	Nicholas Sinclair	Southport & Waterloo	M	55	36.46
97	4	J Richards	Tipton Harriers	M	SM	36.50
98	150	Alan Bewley	Unattached	M	60	36.51
99	67	G Shaw	Unattached	M	SM	36.52
100	134	T Byrom	Penny Lane Striders	M	35	36.53
101	130	C McGovern	Unattached	M	40	36.56
102	33	Vicci Hall	Harbour Club	F	SL	37.18
103	260	Andy Webster	Roby Runners	M	SM	37.25
104	74	A Holgate	Barrow & Furness Striders	M	SM	37.35
105	198	David Pratt	Bedford & County	M	SM	37.37
106	115	J Peters	Unattached	M	SM	37.39
107	7	H Huegel	Penny Lane Striders	M	SM	37.41
108	77	R Kenny	Unattached	M	45	37.50
109	209	Tarja Kinnunen	Penny Lane Striders	F	35	37.52
110	71	K Watkins	Unattached	M	SM	38.02
111	80	G Williams	Mossley Hill AC	F	50	38.05
112	162	Graeme Jones	Liverpool Running Club	M	40	38.12
113	92	P Hannigan	Roby Runners	M	45	38.13
114	42	A Appleton	Unattached	M	50	38.23
115	274	Stephen Reilly	Unattached	M	SM	38.24
116	172	Rob Hardwick	Penny Lane Striders	M	35	38.25
117	129	Pat Henley	Liverpool Harriers	M	55	38.26
118	242	Paul Young	Unattached	M	SM	38.27
119	20	A Bennett	Unattached	M	45	38.28
120	120	D Wilson	Unattached	M	SM	38.29



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Posn	No	Athlete	Club	M/F	Age Group	Time
121	48	N Thomas	Birkenhead AC	M	SM	38.31
122	244	Terence Lon	Penny Lane Striders	M	50	38.35
123	119	Marc Nadim	Unattached	M	SM	38.46
124	254	Stephen Grice	Liverpool University	M	20	38.54
125	113	S Hickey	Harbour Club	M	40	38.56
126	165	Jonathan Mu	Helsby	M	35	38.57
127	64	Kirsty Longley	Liverpool Pembroke Sefton	F	SL	38.58
128	270	Karen Dalby	Liverpool Harriers	F	40	38.59
129	190	Paul Shannon	BICC Prescott	M	50	39.09
130	151	Gareth Nickless	Unattached	M	SM	39.15
131	149	Phil Sinnott	Unattached	M	50	39.16
132	144	William Jameson	Unattached	M	45	39.23
133	78	M Grant	Unattached	M	SM	39.24
134	73	B Dawe	Unattached	M	SM	39.27
135	201	David Wood	North Flyde AC	M	55	39.50
136	290	Matthew Cowin	Gemini	M	16	39.51
137	255	Brian Grice	Southport & Waterloo	M	60	39.57
138	110	D Redpath	Spectrum Striders	M	55	39.59
139	70	R Stiffin	St Helens Sutton	M	40	40.01
140	204	Anthony Devereux	Unattached	M	55	40.07
141	124	G Preston	Liverpool Running Club	M	SM	40.09
142	59	C Nevin	Penny Lane Striders	F	50	40.16
143	262	Robert Hilton	Roby Runners	M	SM	40.29
144	154	Stephanie Charman	Helsby	F	55	40.31
145	277	Michael Harrington	Vale Royal AC	M	SM	40.43
146	278	Ian Richards	Unattached	M	40	40.52
147	265	Robin Greenwood	Warrington Road Runners	M	SM	40.53
148	61	Adele Cockcroft	Warrington Road Runners	F	SL	40.55
149	39	H Greenwood	Picton	M	55	41.02
150	203	Peter Jones	Unattached	M	50	41.02
151	81	I Caples	Ford AC	M	SM	41.07
152	223	Steve Hennessey	Picton	M	50	41.09
153	51	J Furmedge	Northern Vets	M	50	41.11
154	215	Lily Lam-Hayes	Penny Lane Striders	F	SL	41.15
155	173	Jane Hallows	Penny Lane Striders	F	35	41.16
156	218	Paul Mealey	Unattached	M	SM	41.20
157	35	Mark Molloy	Warrington Road Runners	M	SM	41.23
158	34	Christine Cutner	Southport & Waterloo	F	50	41.26
159	83	D Roberts	Unattached	M	45	41.29
160	84	K Lemaire	Unattached	M	SM	41.30



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Posn	No	Athlete	Club	M/F	Age Group	Time
161	256	Darren Brown	Unattached	M	35	41.38
162	95	C Wade	Unattached	M	SM	41.47
163	231	Emma Davies	Unattached	F	SL	41.52
164	232	Maureen Bailey	Picton	F	40	41.58
165	122	G McIntosh	Unattached	M	45	42.10
166	116	P loch	Unattached	M	45	42.15
167	286	Paddy Horne	Gemini	M	15	42.17
168	293	Lee Davies	Gemini	M	16	42.18
169	171	Tori Brand	Southport & Waterloo	F	30	42.19
170	279	Darren Thomas	Unattached	M	SM	42.24
171	280	John Cushion	Unattached	M	40	42.25
172	273	Michael McCarthy	Unattached	M	SM	42.29
173	220	Heather Glover	Warrington Road Runners	F	40	42.30
174	109	J Redpath	Spectrum Striders	F	50	42.37
175	76	H Metcalfe	Unattached	F	SL	42.38
176	250	Dave Griffiths	Unattached	M	SM	42.49
177	6	C Graham	Southport & Waterloo	M	SM	43.13
178	240	John A Harrington	Unattached	M	35	43.15
179	164	William Wals	Liverpool Pembroke Sefton	M	55	43.18
180	238	Steve Maher	Unattached	M	40	43.22
181	148	Arthur Cross	Picton	M	50	43.33
182	182	Alan Cargill	Penny Lane Striders	M	50	43.48
183	222	Chris Hennessey	Picton	F	45	44.00
184	158	James Daley	Penny Lane Striders	M	70	44.22
185	292	Daryl Finnigan	Gemini	M	14	44.26
186	221	Liz Hill	Picton	F	40	44.28
187	291	Kyle Buckley	Gemini	M	14	44.32
188	82	G Caples	Ford AC	M	55	44.44
189	281	Blaise Davies	Unattached	M	40	44.55
190	135	K O'Brien	Penny Lane Striders	M	65	45.11
191	3	A Lysons	Warrington Road Runners	F	40	45.49
192	208	Kathy Cross	Picton	F	45	46.13
193	18	J Shaw	Helsby	F	50	46.20
194	271	Sarah Dean	Unattached	F	SL	46.25
195	123	D Gibson	Utd. Utilities Harriers	M	45	46.26
196	147	Marc Vincent	Penny Lane Striders	M	SM	46.31
197	56	S Critchley	Unattached	M	SM	46.36
198	191	Wilf Sephton	BICC Prescot	M	55	46.42
199	11	E Williams	Northern Vets	F	50	46.54
200	101	J Parsons	Unattached	F	SL	47.07



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Posn	No	Athlete	Club	M/F	Age Group	Time
201	40	G Leahair	Unattached	M	60	47.08
202	52	B Lavelle	Unattached	M	40	47.16
203	259	Sally James	Unattached	F	SL	47.27
204	41	L Harris	Unattached	F	SL	47.29
205	210	J Taylor	BICC Prescott	M	60	47.41
206	106	J Flanagan	Unattached	F	SL	47.45
207	107	K Scovell	Unattached	M	40	47.46
208	5	L Angyalova	Unattached	F	SL	48.00
209	206	Harry Brown	Penny Lane Striders	M	60	48.09
210	179	James Holloway	Unattached	M	30	48.13
211	66	M Shaw	Unattached	M	SM	48.32
212	161	Sarah Pluve	Unattached	F	35	48.36
213	152	Carol Lavelle	Helsby	F	50	49.02
214	284	Gary Bloxham	Gemini	M	12	49.42
215	65	J Shaw	Unattached	M	50	49.47
216	235	Rich Hofmann	Unattached	M	45	50.14
217	126	K Harrison	Liverpool Running Club	F	40	50.23
218	230	Bethan Royles	Unattached	F	SL	50.36
219	212	Rhoda Campbell	Unattached	F	SL	50.45
220	141	jackie Chen	Penny Lane Striders	F	40	51.03
221	24	R Lyon	Unattached	M	50	51.44
222	287	Liam Ross	Gemini	M	15	52.20
223	69	H Aldred	Unattached	F	SL	52.20
224	288	Stanley Taylor	Roby Runners	M	55	52.33
225	192	Monica Brown	Penny Lane Striders	F	60	52.57
226	193	Ruth O'Connell	Penny Lane Striders	F	65	52.57
227	285	Dean Jones	Gemini	M	15	54.03
228	257	Lesley McGoldrick	Unattached	F	SL	54.09
229	228	Trevor Prescott	St Helens Sutton	M	75	54.14
230	183	Kristine Cargill	Penny Lane Striders	F	50	54.22
231	142	Julie Balmer	Penny Lane Striders	F	40	54.23
232	36	Allan O'Leary	Unattached	M	45	57.39
233	37	L Gebbett	Unattached	F	SL	57.39
234	199	Alan Davies	St Helens Sutton	M	60	60.41
251	121	J Gallaway	Unattached	M	45	66.49