

MOSSLEY HILL A.C.
5 MILES ROAD RACE
SEFTON PARK, LIVERPOOL WEDNESDAY 21 JULY 2010

POSN	BIB	ATHLETE	CLUB	M/F	AGE	TIME
1	263	Richard Burney	Liverpool Harriers	M	34	25.46
2	226	John McCole	Liverpool Harriers	M	31	26.02
3	206	Andy Ward	Wigan Phoenix	M	36	26.04
4	237	Mark Keeley	Liverpool Harriers	M	38	26.15
5	48	Paul Sankey	Liverpool Running Club	M	41	26.24
6	247	Alan Ashton	Liverpool Harriers	M	40	27.03
7	293	Martin Swensson	Penny Lane Striders	M	35	27.44
8	253	Mark Hulmston	Wirral AC	M	35	28.06
9	128	M Rose	Buckley Road Runners	M	26	28.24
10	63	S Kenny	Elite Training Club	M	42	28.45
11	159	Graham Ratcliffe	Wirral AC	M	55	28.50
12	127	D Duret	Ellesmere Port Running Club	M	44	29.08
13	242	Tony Wilcox	Liverpool Running Club	M	48	29.11
14	216	Jenny Clague	Liverpool Harriers	F	36	29.12
15	167	Ian Cooper	Ellesmere Port Running Club	M	48	29.40
16	254	Joe Johnson	Birkenhead AC	M	41	29.41
17	198	Chris Pedder	Liverpool Pembroke & Sefton	M	53	29.46
18	14	S Gould	Wigan Phoenix	M	48	29.50
19	252	Anthony McDevitt	Wirral AC	M	58	29.54
20	249	David Collins	Wigan Phoenix	M	48	29.57
21	281	Mark Hargreaves	Penny Lane Striders	M	38	30.00
22	126	D Edwards	Liverpool Running Club	M	48	30.02
23	248	Sophie Whiteside	Liverpool Harriers	F	20	30.05
24	222	Lee Midghall	Liverpool Running Club	M	36	30.13
25	207	Peter Scarrat	Wirral AC	M	45	30.15
26	279	Paul Harrison	Liverpool Harriers	M	30	30.21
27	193	Luke Parker	Penny Lane Striders	M	23	30.31
28	231	Paul Riley	Penny Lane Striders	M	40	30.35
29	211	Catherine Draper	Liverpool Harriers	F	28	30.46
30	320	Stephen Houghton	Liverpool Running Club	M	47	30.53
31	275	Maurice Collins	Liverpool Running Club	M	45	31.05
32	15	R Williams	Liverpool Running Club	M	34	31.15
33	29	S Gilliland	Unattached	M	27	31.16
34	11	S Broadfoot	Northern Vets AC	M	48	31.18
35	230	Phil Bailey	Southport Waterloo AC	M	59	31.23
36	115	Simone Capponi	Penny Lane Striders	M	34	31.28
37	291	Carl Mountain	Liverpool Running Club	M	29	31.28
38	28	D Hudd	Spectrum Striders	M	37	31.34
39	62	Jeff Mason	Liverpool Pembroke & Sefton	M	56	31.38
40	92	D Ashcroft	Penny Lane Striders	M	56	31.44
41	219	Tim Fletcher	Penny Lane Striders	M	30	31.47
42	270	Nick Beare	Unattached	M	41	31.50
43	269	David O'Brien	Unattached	M	34	31.54
44	162	Robert Burke	Liverpool Harriers	M	46	31.57
45	290	Jimmy Price	Liverpool Running Club	M	57	32.00
46	20	D Fegan	St Helens Striders	M	44	32.05
47	208	Martin Hirrell	Penny Lane Striders	M	45	32.06
48	26	M Green	Unattached	M	36	32.12
49	176	Thomas Knight	Unattached	M	46	32.13
50	201	Matthew Nelson	Southport Waterloo AC	M	50	32.15
51	180	Neil Adair	Spectrum Striders	M	33	32.28
52	315	Paul Davies	Oswestry Olympiads	M	45	32.30
53	205	Steve McNicholas	Penny Lane Striders	M	46	32.31
54	239	Dennis Wharton	St Helens Sutton	M	54	32.35
55	197	Chris March	Stockport Harriers	M	26	32.40
56	258	Stephen Lasey	Unattached	M	33	32.41
57	136	T Mann	Penny Lane Striders	M	42	32.54
58	138	Simon Birtles	Mossley Hill AC	M	44	32.58
59	227	Andrew Cairns	Unattached	M	28	33.00
60	13	Vicky Greenall	Wigan Phoenix	F	42	33.11
61	311	Andrew Webster	Roby Runners	M	23	33.17

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SEFTON PARK, LIVERPOOL WEDNESDAY 21 JULY 2010

POSN	BIB	ATHLETE	CLUB	M/F	AGE	TIME
62	65	R Traynor	Ellesmere Port Running Club	M	47	33.19
63	284	Chris Slavin	Northern Vets AC	M	65	33.22
64	39	R Lake	UK Net Runner	M	40	33.35
65	233	Ian Williams	Mossley Hill AC	M	44	33.37
66	278	David McNabb	Unattached	M	27	33.41
67	313	Dominic Cooper	Mossley Hill AC	M	27	33.46
68	289	Graham Beadman	Unattached	M	40	33.47
69	70	Rob Cooper	Unattached	M	30	33.51
70	266	Daniel Ankrah	Liverpool Running Club	M	28	34.00
71	199	William Merritt	Liverpool Running Club	M	46	34.01
72	147	David Pinnington	Penny Lane Striders	M	47	34.02
73	150	Louise Nicholson	Liverpool Running Club	F	34	34.03
74	220	Richard Harmworth	Mossley Hill AC	M	26	34.06
75	256	Ian Russell	Unattached	M	45	34.08
76	297	Nick Wilson	Unattached	M	39	34.14
77	300	Mark Wharmby	Unattached	M	32	34.17
78	259	Ian Glover	Unattached	M	28	34.18
79	69	M Kelly	Village Running Club	M	37	34.19
80	174	Steve Pemberton	Penny Lane Striders	M	55	34.19
81	177	Clare Constable	Guildford & Goldaminf AC	F	39	34.19
82	1	Arthur Deane	Rohersa (Spain)	M	55	34.25
83	76	T Warn	Penny Lane Striders	M	60	34.26
84	6	Andrew Stansfield	Penny Lane Striders	M	48	34.31
85	3	William Kirk	Unattached	M	50	34.34
86	24	A Conway	Unattached	M	45	34.34
87	268	Pamela Thurtle	Penny Lane Striders	F	34	34.37
88	58	D Ray	Unattached	M	41	34.40
89	232	Dave Moran	Liverpool Running Club	M	48	34.43
90	238	Max Harvey	Unattached	M	18	34.52
91	142	M Carroll	Mossley Hill AC	M	16	34.55
92	8	S Kemp	Liverpool Running Club	M	35	34.57
93	307	Ian Simnor	Mersey Tri	M	48	35.02
94	323	Michael Armitage	Unattached	M	30	35.03
95	168	Dave Carpenter	Unattached	M	50	35.04
96	235	John Peaker	Chester Tri	M	45	35.05
97	257	Stephen McCullough	Liverpool Running Club	M	49	35.05
98	181	Colin Dobbs	Penny Lane Striders	M	34	35.07
99	286	David Meskell	Unattached	M	49	35.12
100	225	Anthony Peacock	Northern Vets AC	M	59	35.13
101	154	Malcolm Lingard	Spectrum Striders	M	45	35.17
102	151	R Hardwick	Penny Lane Striders	M	38	35.25
103	79	A Beyga	Unattached	M	52	35.32
104	316	Lauren Davies	Oswestry Olympiads	F	25	35.32
105	149	Gary Wilton	Unattached	M	33	35.44
106	236	Stephen Mack	Unattached	M	40	35.50
107	17	Sam Darby	Penny Lane Striders	M	53	35.51
108	209	Colin Sefton	Mossley Hill AC	M	50	35.52
109	178	Dave Thompson	Spectrum Striders	M	53	35.55
110	318	Jim Beal	Unattached	M	35	36.00
111	145	Vicky Williams	Liverpool Running Club	F	28	36.01
112	298	David Owens	Penny Lane Striders	M	37	36.02
113	5	N Walker	Penny Lane Striders	M	28	36.07
114	112	A Stewart	Unattached	M	25	36.08
115	37	T McKeown	Liverpool Running Club	M	46	36.09
116	110	D Hough	West Cheshire AC	M	61	36.11
117	107	R Raffo	Unattached	F	47	36.14
118	51	A Leather	Unattached	M	17	36.18
119	350	Nick Steward	Unattached	M	34	36.18
120	196	Simon Eldon	Unattached	M	41	36.20
121	153	Richard Darlington	Penny Lane Striders	M	21	36.23
122	276	Jody Roberts	Unattached	M	33	36.24

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POSN	BIB	ATHLETE	CLUB	M/F	AGE	TIME
123	223	Emma Lucy	Penny Lane Striders	F	28	36.25
124	184	Michael Gessermino	Army	M	51	36.25
125	344	#N/A	#N/A	#N/A	#N/A	36.34
126	319	Milan Juricek	Unattached	M	52	36.34
127	267	Jane Eardley	Penny Lane Striders	F	31	36.40
128	190	Mark Finch	Penny Lane Striders	M	45	36.43
129	144	Kimberley Wilson	Liverpool Running Club	F	30	36.43
130	304	Peter Fairclough	St Helens Striders	M	22	36.59
131	321	Craig Northover	Liverpool Harriers	M	40	37.04
132	195	David McCullough	Unattached	M	33	37.07
133	228	Mark Connor	Unattached	M	30	37.07
134	299	Julian Tort	Unattached	M	27	37.15
135	221	David Lynan	Penny Lane Striders	M	37	37.15
136	146	Les Evans	Unattached	M	52	37.20
137	179	Brett Mahar	Unattached	M	31	37.23
138	224	Michelle Cobourn	Penny Lane Striders	F	28	37.23
139	204	Paul Doyle	Unattached	M	47	37.26
140	306	Neil Hankins	Mossley Hill AC	M	35	37.27
141	137	A Gray	Southport Waterloo AC	M	61	37.33
142	305	Matt Bebb	Mossley Hill AC	M	38	37.35
143	55	C O'Brien	Unattached	M	30	37.40
144	215	John Dobie	Liverpool Pembroke & Sefton	M	63	37.50
145	169	P Hannigan	Roby Runners	M	52	38.00
146	246	Clare Murphy	Liverpool Harriers	F	20	38.01
147	245	Laura Murphy	Liverpool Harriers	F	21	38.02
148	243	Richard Houston	Penny Lane Striders	M	39	38.03
149	303	Rachel Fisher	St Helens Striders	F	25	38.07
150	87	S Byrne	Unattached	M	42	38.09
151	170	Mervyn Lynch	Unattached	M	37	38.14
152	97	L Condron	Unattached	M	19	38.14
153	347	Danny Taylor	Penny Lane Striders	M	22	38.17
154	75	P Brady	Unattached	M	41	38.17
155	163	Helen Caldwell	Spectrum Striders	F	42	38.18
156	52	A Spinks	Kensington Running Club	M	39	38.21
157	292	Joe Lennard	Unattached	M	24	38.36
158	158	Catherine Evans	Ellesmere Port Running Club	F	25	38.38
159	155	Marie Walsh	Liverpool Running Club	F	33	38.38
160	101	A Leslie	Penny Lane Striders	M	23	38.39
161	152	Jane Hallows	Penny Lane Striders	F	37	38.39
162	171	Elizabeth Dunn	Unattached	F	25	38.43
163	310	Michael Walker	Unattached	M	53	38.50
164	192	Barry Chambers	Vale Royal AC	M	58	39.02
165	280	Keith Boyle	Penny Lane Striders	M	38	39.05
166	93	S Jeffers	Unattached	M	54	39.06
167	277	Peter Rittenberg	Unattached	M	50	39.15
168	111	D Duffy	Unattached	M	34	39.19
169	262	Jim Edwards	Birkenhead AC	M	60	39.21
170	135	S Parr	Unattached	M	38	39.28
171	30	D Connor	Unattached	M	37	39.29
172	234	Alan Jones	Dee Striders	M	41	39.30
173	40	C O'Brien	Unattached	M	37	39.30
174	241	Mike Roxburgh	Penny Lane Striders	M	40	39.32
175	175	Alex Kilgannon	St Helens Striders	M	27	39.45
176	19	A Appleton	Unattached	M	54	39.46
177	21	P Challinor	Unattached	M	42	39.48
178	272	Russell Burnham	Penny Lane Striders	M	37	39.48
179	191	Michael Connor	Unattached	M	46	39.56
180	172	Elizabeth Lynan	Penny Lane Striders	F	34	39.56
181	285	Mike Cox	St Helens Striders	M	46	40.00
182	295	Alan Spencer	Unattached	M	50	40.14
183	98	M Roberts	Penny Lane Striders	M	50	40.15

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POSN	BIB	ATHLETE	CLUB	M/F	AGE	TIME
184	129	R Frodsham	Unattached	M	36	40.16
185	250	Val Desborough	Penny Lane Striders	F	52	40.17
186	349	Chris Hulme	Unattached	M	28	40.18
187	36	S Knott	Penny Lane Striders	M	33	40.19
188	161	Jackie Kasley	Helsby Road Runners	F	51	40.19
189	324	Matt Ritchie	Unattached	M	23	40.22
190	122	M Sleight	Unattached	M	26	40.22
191	312	Andy Webster	Roby Runners	M	48	40.22
192	53	J Glover	Kensington Running Club	M	36	40.28
193	83	M Kelly	Penny Lane Striders	M	51	40.30
194	143	K Marsh	Mossley Hill AC	m	18	40.31
195	348	Robin von Sarrlw	Unattached	M	30	40.40
196	345	Matthew Simpson	Unattached	M	25	40.52
197	346	Clodhna Smyth	Mossley Hill AC	F	25	40.52
198	2	Zoe Turner	Rohersa (Spain)	F	36	40.58
199	255	Tony Davies	Unattached	M	47	41.01
200	68	Cath Nevin	Penny Lane Striders	F	54	41.02
201	72	A Fortune	Spectrum Striders	F	57	41.02
202	288	Cassandra Edgar	Unattached	F	29	41.07
203	287	Martin Mulholland	Unattached	M	40	41.09
204	261	Michael Ingman	Unattached	M	32	41.12
205	131	D Pease	Unattached	M	33	41.18
206	85	J Durband	Unattached	M	37	41.19
207	106	W Jameson	Liverpool Running Club	M	51	41.20
208	74	E Brady	Unattached	M	42	41.24
209	43	M Haugh	Unattached	M	44	41.25
210	18	T Coffey	Liverpool Running Club	M	37	41.43
211	148	Michael Davies	Tattenhall Runner	M	48	41.45
212	119	A Baker	Unattached	M	43	41.48
213	50	G Hocking	Unattached	M	38	41.52
214	317	James Dorrkott	Unattached	M	39	41.53
215	35	C Houghton	Penny Lane Striders	F	38	42.15
216	108	B Little	Unattached	M	60	42.22
217	173	Robin Ireland	Penny Lane Striders	M	55	42.34
218	81	N Radcliffe	Unattached	M	33	42.38
219	9	A Evans	Unattached	M	36	42.53
220	134	S Smith	Unattached	M	50	42.55
221	240	Tony Hewitson	Penny Lane Striders	M	66	43.04
222	90	B Marsh	Ford AC	M	59	43.04
223	296	Percy Hogg	Birkenhead AC	M	65	43.06
224	294	Colette Russell	Unattached	M	43	43.08
225	71	I Fortune	Spectrum Striders	M	63	43.11
226	23	Joseph Furmage	Northern Vets AC	M	58	43.16
227	273	Joanne hayes	Penny Lane Striders	F	31	43.16
228	102	K Grady	Penny Lane Striders	F	27	43.28
229	244	Andrew Grinley	Unattached	M	30	43.40
230	264	Laurie Brown	Birkenhead AC	M	69	43.43
231	49	D Broadfoot	Liverpool Running Club	M	17	43.55
232	123	J Ross	Unattached	M	56	43.58
233	86	I Murphy	Unattached	M	44	44.01
234	38	G Caples	Unattached	M	63	44.07
235	322	Val Smith	Mersey Tri	F	46	44.12
236	309	Robert Hilton	Roby Runners	M	52	44.18
237	203	Christina Carson	Penny Lane Striders	F	55	44.43
238	185	Clare Davis	Unattached	F	31	44.51
239	164	Jayne Wilkie	Unattached	F	21	45.11
240	77	P Edwards	Unattached	M	74	45.19
241	308	Richard Dutton	Unattached	M	32	45.20
242	139	N Chesney	Unattached	M	31	45.22
243	260	Mark Brown	Unattached	M	31	45.23
244	116	C Duggan	Unattached	M	50	45.33

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POSN	BIB	ATHLETE	CLUB	M/F	AGE	TIME
245	130	E Connole	Unattached	M	42	45.34
246	59	C Newbury	Liverpool Running Club	F	41	45.41
247	218	Martin Lombard	Unattached	M	53	45.43
248	45	L Shields	Liverpool Running Club	F	51	45.47
249	212	Gaynor Hale	Unattached	F	35	45.55
250	274	David Crawford	Penny Lane Striders	M	37	45.57
251	12	D Bohl	Northern Vets AC	M	42	45.58
252	271	Marie Motley	Penny Lane Striders	F	47	46.12
253	194	Iqbal Akthar	Mossley Hill AC	M	37	46.13
254	182	Neil Evans	Unattached	M	29	46.35
255	56	A Maggs	Unattached	F	35	46.52
256	10	M Pridgeon	Unattached	M	32	46.58
257	32	C Hodgetts	Astley & Tyldesley	F	38	47.00
258	89	S Castro	Unattached	F	26	47.09
259	91	J Cheetham	Ford AC	M	59	47.10
260	55	C O'Brien	Unattached	M	30	47.10
261	54	A McDowall	Unattached	M	31	47.11
262	202	Paul Wilson	Unattached	M	56	47.26
263	125	D Hughes	Unattached	M	58	47.30
264	183	Sarah Hicky	Unattached	F	24	47.35
265	57	S Crowley	Unattached	F	26	47.44
266	7	Michael Breslin	Rohersa (Spain)	M	50	48.05
267	33	M Haigh	Birkenhead AC	F	43	48.20
268	157	Martin Mulligan	Unattached	M	52	48.27
269	213	Georgina Woods	Unattached	F	37	48.32
270	84	Jim Garvey	Unattached	M	64	48.49
271	301	Paula Need	Liverpool Running Club	F	41	49.28
272	265	Stephen Noonan	Unattached	M	42	49.48
273	114	G Savory	Unattached	F	30	49.50
274	113	S Hutchinson	Unattached	F	40	49.50
275	210	Andrew Molyneux	Unattached	M	28	49.52
276	41	K O'Brien	Penny Lane Striders	M	69	50.24
277	132	J Peel	Picton	F	64	50.37
278	283	Lynn Graham	Liverpool Harriers	F	45	50.55
279	214	Ruth Worthington	Unattached	F	33	51.02
280	88	H Rainford	Unattached	M	65	51.20
281	34	G Leahair	Unattached	M	65	51.25
282	217	Julie Barr	Unattached	M	45	51.25
283	165	Jill Williams	Unattached	F	37	51.25
284	200	Anita Houghton	Unattached	F	40	51.30
285	73	P Salisbury	Hearts	M	63	51.30
286	96	S Roberts	Unattached	M	19	51.49
287	109	G Little	Unattached	F	51	52.26
288	118	David Smith	Unattached	M	30	52.32
289	117	Andy Rigby	Unattached	M	44	52.32
290	42	A Bentley	Unattached	M	61	52.35
291	302	Stephen Need	Liverpool Running Club	M	43	52.47
292	166	Gen Williams	Picton	F	57	53.32
293	133	N Grundy	Birkenhead AC	M	66	54.16
294	82	D Grundy	Birkenhead AC	M	65	54.16
295	314	Alexandra Morton	Unattached	F	24	54.17
296	282	Janet Soul	Liverpool Harriers	F	44	54.26
297	78	C Beyga	Unattached	F	51	55.01
298	156	Tom Mulligan	Unattached	M	18	55.38
299	94	M Bellfield	Unattached	M	19	56.09
300	95	S Quinn	Unattached	M	22	57.47
301	64	A Savage	Unattached	F	38	58.53
302	47	D Baker	Walton Running Club	M	34	60.50