

Mossley Hill Athletics Club
Sefton Park 5 Miler, Liverpool
20 July 2011
Dedicated to the memory of Tony Barnes

Posn	Bib	Athlete	Club	M/F	Age	Time
1	242	Craig Gunderson	Liverpool H & AC	M	22	24.49
2	218	J Reilly	Liverpool H & AC	M	30	25.40
3	227	Ben Russell	Liverpool H & AC	M	21	25.51
4	166	James Buccleuch	Stockport H	M	32	26.11
5	202	M Rose	Buckley	M	27	26.21
6	79	M Swensson	Penny Lane Striders	M	35	26.52
7	157	Nathan Vendgasalam	Liverpool H & AC	M	47	26.57
8	309	P Peerless	Wirral AC	M	33	27.07
9	244	Xavier Desse	Wirral AC	M	40	27.08
10	291	T Pilkington	Wigan H	M	29	27.12
11	437	Tom Michaelson	Liverpool H & AC	M	24	27.15
12	215	J McNally	Unattached	M	26	27.52
13	36	A Ashton	Liverpool H & AC	M	41	27.56
14	337	J Heap	Hallamshire H	M	40	28.10
15	173	G Ratcliffe	Wirral AC	M	56	28.22
16	364	G Llewellyn	Southport Waterloo AC	M	41	28.26
17	294	Simon Jeffs	Wirral AC	M	37	28.28
18	311	I Cooper	Ellesmere Port	M	49	28.34
19	156	S Whiteley	Barnsley	M	46	29.01
20	113	A Wilcox	Liverpool Running Club	M	49	29.06
21	11	D Ankrah	Liverpool Running Club	M	29	29.14
22	391	Chris Pedder	Liverpool Pembroke & Sefton	M	54	29.15
23	331	J Connolly	Penny Lane Striders	M	40	29.17
24	144	S Nijs	Liverpool Running Club	M	38	29.18
25	70	P Burns	Stockport H	M	32	29.25
26	168	L Midghall	Liverpool H & AC	M	37	29.36
27	367	N Kelly	Penny Lane Striders	M	38	29.37
28	219	S Marriott	Liverpool H & AC	M	39	30.00
29	90	M Storrs	Manchester H	M	50	30.02
30	20	C Martin	Spectrum	M	53	30.06
31	114	D Edwards	Liverpool Running Club	M	49	30.07
32	49	D Hudd	Spectrum	M	38	30.13
33	207	Maurice Collins	St Helens Sutton	M	48	30.16
34	402	David Willshire	Unattached	M	29	30.21
35	158	D Collins	Wigan H	M	49	30.26
36	193	J Maddox	Unattached	M	29	30.31
37	56	D Ashcroft	Penny Lane Striders	M	57	30.36
38	116	T Mann	Penny Lane Striders	M	43	30.41
39	216	O Jones	Mersey Tri	M	23	30.42
40	187	K Forster	Spectrum	M	51	30.44
41	148	R Burke	Liverpool Running Club	M	45	30.47
42	220	E Delvin	Liverpool H & AC	M	42	30.50
43	46	C Hutton	Unattached	M	28	30.57
44	27	R Kelly	Liverpool Running Club	M	27	30.59
45	179	P Warburton	Unattached	M	51	31.04
46	75	S Broadfoot	Northern Vets	M	49	31.08

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47	338	G Carney	St Helens Striders	M	41	31.08
48	186	M Barrett	Liverpool H & AC	F	26	31.14
49	78	P Maher	Vale Royal	M	56	31.21
50	322	D Cooper	Mossley Hill AC	M	28	31.28
51	420	R Jones	Chester Tri	M	27	31.30
52	199	S Hayes	Liverpool Running Club	M	39	31.33
53	1	Arthur Deane	ROHERSA, Spain	M	57	31.38
54	319	S McCarrick	Liverpool Running Club	M	27	31.40
55	413	J Cole	Ellesmere Port	M	35	31.44
56	30	S Kemp	Liverpool Running Club	M	36	31.47
57	394	Paul Davies	Oswestry Olympiads	M	46	31.48
58	326	I Williams	Mossley Hill AC	M	45	31.51
59	169	G Pierce	Liverpool Running Club	M	42	31.51
60	159	J Taylor	Wigan H	F	50	31.51
61	224	Martin Hirrell	Penny Lane Striders	M	46	31.53
62	381	P Milligan	Unattached	M	27	31.57
63	238	S McNicholas	Penny Lane Striders	M	47	32.03
64	427	S Casey	Unattached	M	34	32.08
65	426	N Lammas	Evesham Vale	M	46	32.10
66	161	J Savage	Liverpool Running Club	M	37	32.11
67	214	A Saunders	Unattached	M	26	32.13
68	69	D Fegan	St Helens Striders	M	45	32.15
69	190	M Gordon	Penny Lane Striders	M	32	32.20
70	165	Simone Capponi	Penny Lane Striders	M	35	32.24
71	222	T Entwistle	Warrington RR	F	39	32.28
72	237	G Whitfield	Penny Lane Striders	M	41	32.30
73	270	D Clark	Mossley Hill AC	M	19	32.34
74	171	A Keeley	Penny Lane Striders	M	49	32.42
75	239	M Balmer	Penny Lane Striders	M	47	32.43
76	296	N Bird	Ellesmere Port	F	31	32.45
77	483	R Cooper	Penny Lane Striders	M	31	32.45
78	318	D Wharton	St Helens Sutton	M	55	32.50
79	62	J Clarke	Vale Royal	M	57	32.52
80	341	K Wrens	Unattached	M	54	32.54
81	388	R Barker	Liverpool Pembroke & Sefton	M	36	32.57
82	66	T McKeown	Liverpool Running Club	M	47	32.57
83	192	L Hamlett	Unattached	M	29	32.57
84	373	A McDonagh	Unattached	M	29	32.59
85	365	V Unsworth	Liverpool Running Club	F	28	32.59
86	110	R Collins	Penny Lane Striders	M	26	32.59
87	325	H Davies	Mossley Hill AC	F	29	33.01
88	369	A Peacock	Northern Vets	M	60	33.04
89	421	C Dobbs	Penny Lane Striders	M	35	33.04
90	3	W Kirk	Unattached	M	51	33.04
91	194	Michelle Murphy	Liverpool H & AC	F	46	33.04
92	120	B Beard	Unattached	M	27	33.04

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Posn	Bib	Athlete	Club	M/F	Age	Time
93	139	C Sefton	Mossley Hill AC	M	51	33.24
94	374	I Glover	Unattached	M	29	33.26
95	328	W Merritt	Liverpool Running Club	M	49	33.31
96	339	I Mullen	Unattached	M	30	33.33
97	29	S Britton	Birkenhead	M	25	33.35
98	323	P Holland	FERC	M	37	33.37
99	245	S Pemberton	Penny Lane Striders	M	56	33.39
100	348	N Hawkins	Unattached	M	39	33.52
101	414	Alison Cole	Ellesmere Port	F	35	33.55
102	109	T Madden	Liverpool Running Club	M	36	34.00
103	33	T Warn	Penny Lane Striders	M	51	34.08
104	34	A Conway	Unattached	M	46	34.08
105	295	M Whitfield	Ellesmere Port	M	55	34.12
106	403	Jamie O'Brien	Unattached	F	28	34.17
107	370	C Thompson	Unattached	M	32	34.19
108	256	S Griffiths	Unattached	M	30	34.19
109	400	K Van Dondet	Unattached	F	25	34.23
110	423	G Jones	Mersey Tri	M	32	34.23
111	170	S Maguire	Penny Lane Striders	M	35	34.23
112	177	P Doyle	Unattached	M	48	34.27
113	211	Billy Hargreaves	Penny Lane Striders	M	64	34.29
114	435	Craig Northover	Liverpool H & AC	M	41	34.31
115	185	M Vincent	Penny Lane Striders	M	33	34.33
116	14	P Brady	Penny Lane Striders	M	42	34.33
117	290	G Poole	Unattached	M	38	34.35
118	401	Neil Hilton	Roby Runners	M	23	34.38
119	226	D Lynan	Penny Lane Striders	M	38	34.40
120	285	F Milne	Penny Lane Striders	F	30	34.40
121	223	J Tinkler	Unattached	M	29	34.49
122	86	M Williams	Dee Striders	M	45	34.49
123	264	J McGrath	Unattached	M	54	34.52
124	167	A Wearing	Liverpool Running Club	M	51	34.52
125	130	J Chaffer	Unattached	M	30	34.52
126	181	A Leslie	Penny Lane Striders	M	23	34.55
127	366	K Escoffery	Unattached	M	37	35.03
128	269	T Clarke	Mossley Hill AC	M	56	35.09
129	83	S Singleton	Unattached	F	46	35.09
130	115	D Thompson	Spectrum	M	54	35.11
131	93	M Kelly	Village Road Runners	M	38	35.13
132	68	L Jarvelainen	Unattached	F	45	35.16
133	233	D Pinnington	Penny Lane Striders	M	49	35.17
134	278	M O'Flaherty	Unattached	M	43	35.19
135	317	J Allen	Unattached	M	28	35.20
136	197	D Hough	West Cheshire	M	62	35.22
137	310	M Lingard	Spectrum	M	46	35.29
138	63	P Roberts	Unattached	M	34	35.31

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139	250	K Wilson	Liverpool Running Club	F	31	35.36
140	407	Andrew Webster	Roby Runners	M	24	35.41
141	229	J Smith	Unattached	M	25	35.44
142	141	L Stothart	Tatton Hall	F	34	35.44
143	198	P Farrell	Unattached	M	24	35.50
144	205	M Connor	Liverpool Running Club	M	31	35.51
145	273	C Grant	Unattached	M	25	35.51
146	395	Chris Donald	Unattached	M	51	35.51
147	21	P Challinor	Unattached	M	43	36.00
148	287	P Morgan	Unattached	M	56	36.00
149	280	J Eardley	Penny Lane Striders	F	32	36.02
150	81	S Parr	Liverpool Running Bugs	M	39	36.04
151	102	D Hechle	Lakeside Marina	M	35	36.06
152	416	E Lawton	Penny Lane Striders	F	29	36.13
153	334	M Ray	Liverpool Running Club	M	25	36.14
154	415	I Lanton	Liverpool H & AC	M	29	36.15
155	6	A Bennett	Unattached	M	52	36.16
156	47	S Church	Unattached	M	57	36.17
157	321	D Connor	Unattached	M	38	36.22
158	299	K Garner	Unattached	M	50	36.24
159	117	E Lynan	Penny Lane Striders	F	35	36.25
160	172	Peter Rittenberg	Liverpool Running Bugs	M	51	36.28
161	232	M Connor	Liverpool Running Bugs	M	47	36.34
162	316	R Howton	Penny Lane Striders	M	40	36.34
163	274	C Harris	Unattached	F	22	36.35
164	276	R Burnham	Penny Lane Striders	M	39	36.36
165	429	P Howard	Unattached	M	24	36.36
166	471	J Jensen	Penny Lane Striders	M	34	36.37
167	258	M Richardson	Unattached	M	30	36.39
168	327	M Field	Mossley Hill AC	M	34	36.43
169	101	V Gill	Lakeside Marina	F	33	36.48
170	375	S Jackson	Liverpool H & AC	F	33	36.49
171	265	J Phillips	Unattached	M	24	36.56
172	54	C Puccini	Penny Lane Striders	F	44	37.01
173	18	G Wallace	Unattached	M	26	37.04
174	53	G Savill	Airedale Dodgers	M	48	37.06
175	99	M Burgan	Lakeside Marina	M	49	37.06
176	178	C O'Brien	Unattached	M	38	37.07
177	38	P Hughes	Unattached	M	31	37.14
178	485	R Bibby	Unattached	M	27	37.16
179	304	P Wain	Unattached	M	44	37.18
180	121	A Gray	Southport Waterloo AC	M	62	37.21
181	246	M Davies	Tatton Hall	M	49	37.22
182	257	J Hitchmough	Unattached	M	26	37.30
183	408	Andrew Webster	Roby Runners	M	49	37.34
184	176	M Roxburgh	Penny Lane Striders	M	41	37.36

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185	312	E Kearney	Penny Lane Striders	F	36	37.36
186	297	J Lennard	Unattached	M	25	37.42
187	92	V Perischini	ROHERSA, Spain	M	60	37.45
188	386	M Ingham	Unattached	M	33	37.45
189	42	J Rooney	Unattached	M	33	37.51
190	392	P Hannigan	Roby Runners	M	54	37.56
191	345	J Mill	Unattached	M	30	37.57
192	405	Andrew Clarke	Unattached	M	27	38.02
193	272	H Wain	Liverpool H & AC	F	16	38.05
194	164	W Cook	Unattached	M	56	38.05
195	417	S Dipple	Unattached	M	38	38.08
196	352	A Spencer	Unattached	M	51	38.08
197	286	S Noon	Penny Lane Striders	F	33	38.08
198	488	E Garton	Unattached	M	41	38.21
199	404	Catherine Shanley	Unattached	F	31	38.25
200	13	E Brady	Penny Lane Striders	M	43	38.31
201	368	M Atherton	Unattached	M	49	38.35
202	140	S Ewell	Unattached	M	47	38.40
203	4	N Radcliffe	Unattached	M	34	38.41
204	240	S O'Brien	Widnes Wasps	F	52	38.42
205	50	I O'Neill	Unattached	M	50	38.51
206	67	G Caples	Unattached	M	64	38.55
207	209	L Moore	Widnes Wasps	F	49	38.55
208	85	J Kummer	Hardly Runners	M	62	38.57
209	40	M Robinson	Unattached	M	36	38.59
210	145	M Tracey	Unattached	M	58	38.59
211	474	A Spinks	Unattached	M	40	39.01
212	61	J Edwards	Birkenhead	M	61	39.04
213	398	Simon Byrne	Unattached	M	29	39.07
214	261	C Evans	Unattached	M	22	39.08
215	487	P Miller	Unattached	M	35	39.10
216	281	K Boyle	Penny Lane Striders	M	39	39.13
217	105	D Brown	Unattached	M	44	39.15
218	433	G Rapkin	Unattached	M	26	39.17
219	152	M Smith	Unattached	M	37	39.20
220	128	L Porter	Unattached	F	32	39.20
221	432	D Foster	Unattached	M	39	39.20
222	490	N Peters	Penny Lane Striders	M	53	39.23
223	484	M Stevenson	Unattached	M	29	39.23
224	44	G Hocking	Unattached	M	39	39.23
225	221	P Kennils	Unattached	M	47	39.23
226	263	T Fletcher	Penny Lane Striders	M	31	39.25
227	330	R Wallace	Unattached	M	25	39.25
228	470	I Sneddon	Birkenhead	M	62	39.30
229	409	Bernadette Bell	Unattached	F	48	39.30
230	302	M Dodd	St Helens Striders	M	23	39.33

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231	314	J Casson	Unattached	M	19	39.35
232	315	A Grinley	Penny Lane Striders	M	31	39.37
233	160	W O'Brien	Unattached	M	57	39.37
234	252	S Crowney	Unattached	M	24	39.37
235	9	A Evans	Unattached	M	37	39.38
236	253	T Dodd	Unattached	M	40	39.40
237	230	K Lee	Unattached	M	26	39.40
238	376	G Prentice	Mersey Tri	M	44	39.40
239	22	A Appleton	Unattached	M	55	39.42
240	5	N Walker	Penny Lane Striders	M	29	39.42
241	489	Milan Juricek	Unattached	M	53	39.42
242	153	B O'Toole	Unattached	M	40	39.45
243	91	J Dyer	Penny Lane Striders	F	45	39.45
244	32	M Edwards	Unattached	M	52	39.45
245	191	C Whelton	Penny Lane Striders	M	44	39.47
246	305	S Carr	Unattached	F	47	39.47
247	306	J Brewitt	Unattached	M	27	39.54
248	254	A Danley	Unattached	M	41	39.54
249	473	V Glover	Unattached	M	36	39.57
250	430	E Howard	Unattached	M	-	39.57
251	231	P Lee	Unattached	M	25	40.03
252	393	John Guy	Unattached	M	35	40.04
253	96	P Cowley	Lakeside Marina	M	35	40.12
254	411	Justin Wrench	Unattached	M	37	40.18
255	95	J Toppings	Unattached	M	46	40.25
256	136	T Duffy	Unattached	M	37	40.28
257	469	C Russell	Unattached	F	44	40.28
258	247	M Roberts	Penny Lane Striders	M	51	40.29
259	41	J Trubshaw	Unattached	M	47	40.29
260	243	G Cowley	Unattached	M	47	40.30
261	147	R Burke	Liverpool Running Club	F	16	40.30
262	208	A Willmitt	Liverpool Running Club	F	27	40.32
263	248	A Morris	Liverpool Running Club	M	38	40.32
264	146	S Burke	Liverpool Running Club	F	47	40.35
265	249	A Andrews	Liverpool Running Club	F	47	40.37
266	399	Elizabeth Dunn	Unattached	F	26	40.37
267	126	V Swain	Unattached	F	43	40.40
268	51	C Nevin	Penny Lane Striders	F	55	40.47
269	184	R Greenwood	Spectrum	M	39	40.49
270	59	P Williamson	Unattached	M	26	40.49
271	346	D Marsh	Southport Waterloo AC	M	51	40.54
272	355	J Billitt	Unattached	M	25	40.55
273	422	R Potts	Unattached	M	35	40.57
274	108	A Madden	Liverpool Running Club	F	39	41.00
275	104	S McKenzie	Lakeside Marina	M	26	41.00
276	472	Val Desborough	Penny Lane Striders	F	53	41.01

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277	279	K Allender	Unattached	M	34	41.03
278	241	C Schroder	Unattached	F	63	41.06
279	217	S Phillips	Unattached	M	38	41.08
280	118	A Wilkinson	Unattached	M	32	41.08
281	479	A Gregson	Unattached	M	30	41.08
282	163	A Fortune	Spectrum	F	58	41.09
283	349	I Rooney	Unattached	M	29	41.11
284	80	J Furmedge	Northern Vets	M	59	41.15
285	419	S Teare	Unattached	M	28	41.16
286	362	J Moses	Widnes Wasps	F	46	41.16
287	43	K Rooney	Unattached	M	59	41.20
288	129	P Hogg	Birkenhead	M	67	41.20
289	71	A Baker	Unattached	M	44	41.25
290	251	S Pemberton	Unattached	M	56	41.29
291	336	K Alterbury	Penny Lane Striders	F	35	41.30
292	88	J Kelly	Unattached	M	38	41.32
293	335	R Island	Penny Lane Striders	M	56	41.34
294	84	A Kavanagh	Unattached	F	47	41.39
295	406	Zoe Evans	Unattached	F	34	41.40
296	350	J Waring	Unattached	F	34	41.42
297	77	E Latham	Unattached	F	38	41.45
298	340	P Bolland	Widnes Wasps	F	35	41.47
299	482	J Chard	Mersey Tri	F	29	41.51
300	174	T Hewitson	Penny Lane Striders	M	67	41.53
301	377	S Anson	Unattached	F	37	41.54
302	378	S Wright	Unattached	F	39	41.54
303	234	A Covington	Widnes Wasps	F	28	41.57
304	262	S Hennessy	Picton	M	56	41.58
305	100	K Burgan	Lakeside Marina	F	53	41.59
306	260	K Burns	Unattached	M	42	42.00
307	303	Chris Carson	Penny Lane Striders	F	56	42.01
308	477	J Wilke	Spectrum	F	44	42.05
309	342	A Annibale	Unattached	M	47	42.06
310	344	P Booth	Unattached	M	31	42.07
311	384	G Bell	Unattached	M	59	42.08
312	284	M Towley	Northern Vets	M	70	42.12
313	358	C McGarry	Liverpool Running Bugs	M	36	42.12
314	298	S Cricthley	Unattached	M	43	42.13
315	288	I Morgan	Unattached	M	47	42.21
316	356	K Locke	Unattached	F	29	42.32
317	210	N Daley	Unattached	F	43	42.39
318	236	K Black	Unattached	F	35	42.47
319	360	C Gilgallon	Widnes Wasps	F	38	42.51
320	275	M Motley	Penny Lane Striders	F	48	42.51
321	371	B Thompson	Unattached	M	34	42.53
322	137	S Castro	Unattached	F	27	42.55

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323	390	W Walsh	Liverpool Pembroke & Sefton	M	55	43.02
324	162	I Fortune	Spectrum	M	64	43.04
325	343	A Billinge	Unattached	M	28	43.06
326	434	G Woods	Unattached	F	38	43.08
327	293	N Daniels	Unattached	M	41	43.11
328	132	P Edwards	Northern Vets	M	75	43.17
329	486	L Page	Unattached	F	23	43.20
330	361	C Lowery	Widnes Wasps	F	40	43.20
331	35	S Baker	Unattached	M	36	43.21
332	225	C Horton	Penny Lane Striders	F	39	43.25
333	82	J Ford	Unattached	F	27	43.25
334	282	S McGing	Unattached	M	52	43.27
335	283	K McGing	Unattached	F	25	43.27
336	383	R Bell	Unattached	F	60	43.36
337	372	G Winch	Mersey Tri	M	34	43.45
338	212	K Dalton	Widnes Wasps	F	32	43.47
339	418	G Harkness	Widnes Wasps	F	29	43.53
340	31	J Barrow	Unattached	F	43	43.56
341	351	J Dowling	Unattached	M	33	43.57
342	182	D Crighton	Unattached	F	37	44.07
343	122	S Castro	Unattached	F	25	44.20
344	354	A Smith	Unattached	M	53	44.22
345	65	P Gill	Unattached	M	64	44.22
346	125	R Otten	Unattached	M	59	44.24
347	329	J Singleton	MSRF	M	50	44.24
348	481	D Hamill	Penny Lane Striders	M	27	44.25
349	333	L Owens	Liverpool Running Club	F	27	44.25
350	475	A Henry-Morgan	Unattached	F	28	44.27
351	425	M Lombard	Unattached	M	54	44.28
352	301	L Fielding	Unattached	F	44	44.30
353	55	D Hughes	Unattached	M	59	44.35
354	7	S Bennett	Unattached	F	22	44.39
355	24	M Pridgeon	Unattached	M	33	44.43
356	131	C Newbury	Liverpool Running Club	F	42	44.47
357	266	S Kemp	Penny Lane Striders	F	26	45.09
358	19	I King	ROHERSA, Spain	M	61	45.20
359	267	S Roberts	Unattached	M	20	45.21
360	431	V Smith	Mersey Tri	F	47	45.22
361	277	J Littler	Unattached	M	39	45.27
362	16	E Nopondo	Penny Lane Striders	F	47	45.28
363	213	S Shappan	Unattached	F	46	45.29
364	235	E Buckley	Widnes Wasps	F	29	45.42
365	74	M Sleight	Unattached	M	27	46.07
366	10	M Irwin	Unattached	F	59	46.11
367	353	M Ormandy	Unattached	F	40	46.15
368	23	M Haigh	Birkenhead	F	44	46.19

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Posn	Bib	Athlete	Club	M/F	Age	Time
369	313	J Ellis	Unattached	M	24	46.20
370	189	J Dunphy	Liverpool Running Bugs	M	45	46.21
371	60	M Edwards	Birkenhead	F	58	46.24
372	478	V Barr	Unattached	F	46	46.24
373	39	P Gray	Unattached	F	56	46.25
374	72	A Bentley	Unattached	M	62	46.37
375	300	S Kieran	Unattached	M	47	46.42
376	203	N McLoughlin	Unattached	F	26	46.57
377	228	J Billinge	Unattached	M	23	47.03
378	428	N Donaghy	Unattached	F	27	47.08
379	271	K O'Brien	Penny Lane Striders	M	70	47.11
380	201	M Thompson	Widnes Wasps	F	31	47.25
381	468	L Wessels	Unattached	F	30	47.25
382	410	Clare Reed	Unattached	F	30	47.28
383	268	M Bellfield	Unattached	M	20	47.38
384	385	E Connole	Unattached	M	43	47.48
385	379	I Parkes	Unattached	M	49	47.54
386	380	R Parkes	Unattached	F	25	47.54
387	255	I Cooper	Unattached	M	39	47.58
388	259	J O'Brien	Unattached	M	57	47.58
389	320	C Hirst	Unattached	M	30	47.59
390	480	P Berry	Unattached	M	29	48.05
391	389	H Knowsley	Liverpool Running Club	F	28	48.07
392	359	B Jones	Liverpool Running Club	M	30	48.07
393	204	R Thornton	Unattached	M	70	48.10
394	436	W Stevenson	Unattached	M	48	48.12
395	135	C Duffy	Unattached	F	37	48.18
396	8	M Breslin	ROHERSA, Spain	M	45	48.28
397	382	J Garvey	Unattached	M	65	48.44
398	25	H Rainford	Unattached	M	66	48.50
399	52	M Savill	Airedale Dodgers	F	19	48.51
400	143	C Collison	Bolton H	F	38	49.04
401	195	M Leadbetter	Unattached	F	37	49.06
402	196	C Webb	Unattached	F	40	49.07
403	492	D Smith	Unattached	M	31	49.17
404	491	A Rigby	Unattached	M	45	49.17
405	183	J Evans-Woodson	Unattached	F	43	49.18
406	150	G Howarth	Northern Vets	M	76	49.22
407	476	J McKenna	Unattached	F	45	49.22
408	200	R Lofthouse	Unattached	M	44	49.28
409	424	J McKenna	Unattached	F	46	49.35
410	123	M Delaney	Birkenhead	F	60	49.40
411	332	A Mathenge	Unattached	F	28	49.44
412	98	B Ramsbottom	Lakeside Marina	F	42	50.11
413	89	C Brooke	Unattached	F	25	50.23
414	107	P Salisbury	Hearts	F	64	50.27

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Posn	Bib	Athlete	Club	M/F	Age	Time
415	73	S Pickerill	Unattached	F	35	50.58
416	94	J Wright	Pensby	M	47	52.22
417	387	K Hooton	Unattached	F	41	53.34
418	357	J Frankland	Unattached	F	30	54.50
419	397	Tom Watson	Unattached	M	40	55.32
420	396	Lindsey Airs	Unattached	F	35	55.32
421	97	J Rawsthorne	Lakeside Marina	F	32	55.44
422	151	C Manley	Unattached	F	54	55.45
423	133	L Doyle	Unattached	F	21	57.32
424	142	P Holt	Unattached	M	50	58.03
425	412	S Quinn	Unattached	M	23	60.18
426	292	C Shone	Unattached	F	49	60.48
427	112	P Blakemore	Unattached	F	45	63.57