

**Merseyside County Grand Prix 2013
Overall Individual Standings**

Women

Position	Name	Club	Category	Walton Park	Birkenhead	Penny Lane	Sefton Park	Wavertree	Merseyvend 5k	Southport	Total	Best 4 Total
				5M	Park 5M	10k	5M	Mystery 5k		Seaside 10k		
FV35												
	Kirsty Longley	Liverpool Pembroke Sefton	L35	100	0	100	99	100			399	399
	Sam Tiger	Mossley Hill	L35	89	95	93	0	93			370	370
	Helen Lavelle	Southport Waterloo	L35	95	0	0	95	0			190	
	Suzanne Moss	Knowsley Harriers	L35	65	0	86	0	0			151	
	Kelli Black	Mossley Hill	L35	44	0	79	0	0			123	
FV40												
	Paula Smith	Wirral AC	L40	54	87	80	71	72			364	310
	Amanda Lee	Knowsley Harriers	L40	64	0	90	80	76			310	310
	Sharon Wright	Knowsley Harriers	L40	0	0	0	85	85			170	
	Lisa Crosby	Mossley Hill	L40	75	0	0	88	0			163	
	Jane Hallows	Penny Lane Striders	L40	76	0	0	0	84			160	
FV45												
	Michelle Murphy	Liverpool Harriers	L45	92	96	94	0	96			378	378
	Judy Ko	Liverpool Running Club	L45	60	0	83	75	0			218	
	Diane Rogers	Mossley Hill	L45	39	83	74	0	0			196	
	April Morgan	St Helens Striders	L45	0	0	95	0	97			192	
	Jayne Murphy	Liverpool Running Club	L45	43	0	76	63	0			182	
FV50												
	Karen Dalby	Liverpool Harriers	L50	0	88	0	0	77			165	
	Susan Rogers	Mossley Hill	L50	70	0	91	0	0			161	
	Jayne McIvor	Liverpool Running Club	L50	0	84	0	69	0			153	
	Michelle Kelly	Penny Lane Striders	L50	0	0	0	79	74			153	
	Gill Darby	Penny Lane Striders	L50	63	0	0	83	0			146	
FV55+												
	Cath Nevin	Penny Lane Striders	L55	0	0	0	81	78			159	
	Pauline Horsfall	St Helens Striders	L55	0	0	0	96	0			96	
	Nicci Davies	Wirral AC	L55	0	0	81	0	0			81	
	Leslie Owens	Liverpool Running Club	L55	81	0	0	0	0			81	
	Angela Gwyn	Birkenhead AC	L55	0	0	73	0	0			73	